

SUMMER 2012
WEEK

8

July 16- July 20

Irving Recreation Center Day Camp Newsletter

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Pack a sack lunch for your child in an insulated container. Microwave use will not be an option.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your camper's name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

dpayzant@lincoln.ne.gov
parks.lincoln.ne.gov



Grades K-2

Lincoln Children's Museum

Our field trip this week is to the Lincoln Children's Museum. If any parents are interested in joining us and helping on the field trip, please let the staff working at the front desk know. Thanks! Throughout the week we will be learning about Community Helpers such as firemen, grocery store clerks, veterinarians, and all sorts of doctors.

THIS WEEK'S HIGHLIGHTS

Monday

In the morning we will be doing fitness tests. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Tuesday

In the morning we will be playing active and inactive games. We'll have tennis lesson from 11:15-12:00 pm. In the afternoon we'll be having clubs and fitness tests.

Wednesday

In the morning we'll do stretching and active games. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Thursday

In the morning we'll have a character lesson and play active games. We'll have lunch at 11:30 and then leave for our field trip to the Lincoln Children's Museum about 1:30 p.m. and return to the center at approximately 4:00 p.m.

Friday

In the morning we'll be doing a character lesson and a club. In the afternoon we'll be walking to the library and playing inactive games. Please send your camper with a library card if possible. Campers are not allowed to share their library card with a friend.

Fitness Focus: Flexibility/Balance

-Alexa, K-2 Camp Director

EMAIL NEWS

Update your email address with the rec. center office to make sure you don't miss any of our weekly email newsletters and/or other important program information!

FUNdamental
healthy me
A focused program where youth grow